

## East Aurora Community Nursery

### Health Care Policies

The Health Care Plan is developed according to the established New York State Department of Social Services Regulations. The purpose of these policies is to protect the health of the children and maintain the safety of the environment.

***EAC N is a peanut-free facility***, No nuts or nut products are allowed at the center. The staff will give you a list of peanut free foods that are allowed for special occasions. Refrain from bringing food into the center with your child.

#### **Illness at Home:**

In order to help insure a healthy environment for your child and others, we ask you to please keep your child at home if he/she is ill. Regardless of symptoms of lack thereof, if your child is unable to participate in the classroom activities, he/she is not well enough to be brought to the center. When a child is absent due to illness, we ask that you notify the center (652-9449) as early as possible in the morning. In the event a child contracts a communicable disease, please contact the office immediately so that we may alert other parents that a sickness may be spreading. We will not give out personal information to other parents. EACN's illness return policy is outlined on the attached chart (**Chart of Common Illnesses**). This will be **STRICTLY** enforced.

#### **Illness at the Center:**

In order to work together, the staff tries to keep you informed of any signs of possible illness. If your child becomes ill while at the center you will be contacted and arrangements made for the immediate pick up of your child. Parents are expected to respond promptly in such an instance. It is essential that you have a back-up provider who is available at all times in the event you cannot be reached. If you take your child to the doctor, please return with a written report of the doctor's findings. Please refer to the Chart of Common Illnesses which identifies the conditions requiring a written MD note before the child can return to the center.

#### **Medications:**

According to the Department of Social Services Regulations, children may not be given ANY medication without written instructions from the parent and the physician stating that the center may administer it.

**Prescription or Non-prescription (OTC) Medication:** A written order from a physician must be provided for the center staff to administer any medication to a child, including prescription and non-prescription medication. Prescription medications must be in the original container, labeled with the child's full name, medication name, dosage times and methods of administration. Please note on the daily sheet if your child was given medication before being brought to daycare, including the name of the medication, time given and reason

**Topical ointments:** Topical ointments may be applied as needed to protect against sun and diaper rash only with written parental permission and instruction.

All medication is stored out of the reach of children. A medication log is maintained in each classroom and must be signed by a parent for each administration of medicine.

## **CHART OF COMMON ILLNESSES**

<b>FEVER</b>	A child who has a temperature of 101 degrees and shows other symptoms of illness will be sent home. A child who has a temperature elevation the night before attendance should be presumed ill and not return to school. If the temperature is “normal” only with acetaminophen, your child is probably sick and should not attend. You child may return 24 hours after his/her temperature is normal.
<b>DIARRHEA</b>	If a child has 2 or more loose/watery stools and/or poor fluid intake during the course of the day, the child will be excluded from the center. Your child may return when bowel movements are normal and fluid intake is good.
<b>VOMITING</b>	If a child vomits and shows other signs of illness (not to be confused with infant’s occasional spit-ups), he/she will be sent home. A child who has vomited in the preceding 12 hours, is listless or has a poor appetite, should not be brought to the center.
<b>UPPER RESPIRATORY ILLNESS (URI)</b>	Children who have congestion, large amounts of nasal discharge, sneezing, coughing, listlessness, or an inability to keep up with the day’s activities should remain at home. Physician-documented allergic reactions and/or asthmatic-related conditions are excluded.
<b>UNDIAGNOSED RASH</b>	Unless specifically diagnosed by your child’s physician as non-contagious, the center will send home any child who develops a rash during the day.
<b>SEVERE COUGH</b>	Cough that interferes with child’s ability to fully participate in classroom activities, coughs lasting 7-10 days and coughs producing phlegm should be evaluated by a physician.
<b>CONJUNCTIVITIS (PINK EYE)</b>	There is white or yellow discharge, redness, itching and soreness. If a child has symptoms at the center, he/she will be sent home. Children may return to the center 24 hours after treatment has begun if all drainage, excessive tearing and redness has subsided with MD proof that treatment was prescribed.
<b>CHICKEN POX</b>	Child may return after no new lesions have formed and all have crusted (scabbed).
<b>IMPETIGO</b>	Child may return to center 24 hours after treatment has started with MD proof that treatment was prescribed.
<b>HEAD LICE SCABIES</b>	Child may return to center 24 hours after treatment has been given with MD proof that treatment was prescribed.
<b>STREP THROAT</b>	Child may return after physician’s diagnosis and 24 hours of treatment with antibiotic.
<b>EAR INFECTION (with no other symptoms)</b>	There will be no exclusion.
<b>RUBELLA (German Measles)</b>	Child may return to center no earlier than five days after rash appears.
<b>ROSEOLA (Baby Measles)</b>	Child may return to the center once rash completely disappears.
<b>FIFTH DISEASE</b>	Child may return to center once he/she no longer has a fever and rash fades
<b>RINGWORM</b>	Child may return to center 24 hours after treatment has begun with MD proof that treatment was prescribed.
<b>PIN WORMS</b>	Child may return to center 24 hours after treatment has begun with MD proof that treatment was prescribed.
<b>HAND, FOOT and MOUTH DISEASE</b>	Child may return to center after lesions disappear (usually five days).
<b>THRUSH</b>	Child may return to center 48 hours after treatment has begun.

**MEDICAL POLICIES WILL BE STRICTLY ENFORCED !**